



Texas Children's Hospital
Pulmonary
Asthma or Recurrent Wheezing Educational Materials

Description:

- Known diagnosis of asthma or persistent wheezing or a history of recurrent wheezing with or without atopy.

Data Needed:

Brief Clinical Summary or Recent Clinic Note that includes:

- Chief concern
- Previous treatments and response
- Respiratory history including birth history
- All chest x-ray reports (copy of images if done outside TCH)
- Allergy testing (if done)
- Sweat test (if done –use CF Center accredited lab)
- Other lab results

Initial Work-up:

- Chest x-ray
- Spirometry (pre/post bronchodilator if age ≥ 6)
- Trial of bronchodilator
- Sweat test (consider if poor growth, recurrent infection, positive family history – see CF)

Referrals:

- History of frequent ER visits, hospitalizations
- History of intubation or ICU admission (LTA)
- Frequent need for oral corticosteroid
- Age less than 2 years
- Unresponsive to control medications
- Complicating conditions such as sinusitis or GERD
- Need for education
- Adherence problems
- Frequent school absences